

Box 7.1: Commonly Used Frameworks

The [Consolidated Framework for Implementation Research \(CFIR\)](#) helps understand or explain how implementation outcomes are achieved. It provides a menu of constructs that have been associated with effective implementation (i.e. intervention characteristics, individual characteristics, process, inner setting and outer setting) that can be used to assess the potential barriers and facilitators of implementation.

The [RE-AIM](#) Framework focuses on assessing the effectiveness of implementation strategies by paying special attention to the essential program elements that support scale-up of evidenced-based interventions (reach, effectiveness, adoption, implementation and maintenance). Each element is an opportunity for intervention.